

PORT HUON SPORTS & AQUATIC CENTRE

Weekly activities

Updated July 2025



In the pool

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	Aqua Ducks 8.15am				Aqua Ducks 8.15am		
Afternoon							
Evening	Aqua Aerobics 5.45pm			Aqua Aerobics 5.45pm			
				Adult Swimming Squad 6.30pm			

In the gym

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning			Movement and Strength 8:15am		Pilates 9.15am		
Afternoon							
Evening			Pilates 6.00pm – 7.00pm				

On the court

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning					Pickleball 8:30am–10:30am		Pickleball 10am –1.00pm
Afternoon	Junior Basketball 4:00pm–5.00pm			Pickleball 3.00pm-5.00pm			
Evening	Mixed Social Basketball 5.30pm–7.30pm		Futsal 6.00pm-7:30pm				

Aqua Aerobics	\$16.00
Perfect for all fitness levels, this low-impact workout combines cardio and strength training exercises in the water.	
Futsal – Adult Mixed	\$11.00
Social games for all levels of ability.	
Junior Basketball	\$8.00
Learn the skills of basketball in a fun and relaxed environment.	
Mixed Social Basketball	\$11.00
Social games open to all ages and levels of ability.	
Movement and Strength	\$16.00
Gentle movement and strength-based exercises to help maintain functional movement.	
Pickleball	\$11.00
Like tennis, but with paddles and under-arm serves.	
Pilates	\$16.00
A flowing sequence of exercises to build a foundation of strength, flexibility and control for experienced level.	

Opening hours

Monday	7:00am–12.00pm 3:00pm–8:00pm
Tuesday	7:00am–12.00pm 3:00pm–8:00pm
Wednesday	7:00am–12:00pm 3:00pm–8:00pm
Thursday	7:00am–12.00pm 3:00pm–8:00pm
Friday	7:00am–12.00pm 3:00pm–6:00pm
Saturday	7:00am-1.00pm
Sunday	10:00am–3:00pm

Port Huon Sports & Aquatic Centre

4421 Huon Highway, Port Huon
Huon Valley, Tasmania

Phone: (03) 6264 0310

Email: phsc@huonvalley.tas.gov.au

www.huonvalley.tas.gov.au



The Port Huon Sports & Aquatic Centre is proudly owned and operated by Huon Valley Council. If you would like information about other sporting facilities and activities in the Huon Valley please call Council on (03) 6264 0300.