

Huon Valley Hub – Home to **The Right Place**

Drop-in Time Monday to Friday 10am to 4pm

Customer Service Centre Monday to Friday 8.20am to 5pm

Events and Activities – March 2023



Customer Service Centre

Due to unexpected flooding caused by plumbing issues, Huon Valley Council's Customer Service Team have temporarily relocated to the Huon Valley Hub. The telephone line is still working, and payments can be made either in person, online or via phone.



The Right Place

The Right Place initiative connects people with health and community services in the Huon Valley. If you need assistance in finding a service or organisation, we can help you at the Huon Valley Hub. All you need to do is ask the friendly person working at the Hub when you call in or contact us by phoning 6264 0300.

Skill Sharing Swapmeet

Thursday 16 March 5.30pm to 7.30pm
Learn how to craft and deliver the perfect elevator pitch, and how to share your skills with other art practitioners in the Huon. In this fun and rewarding workshop, Amalia Pantazis will explore valuable networking techniques and practical ways to find business help and inspiration. Suitable for artists and makers looking to improve their business practice and meet their creative kin. Cost \$5. Book a ticket on Eventbrite or phone Huon Valley Council if you need booking assistance, 03 6264 0300

Being Here Exhibition – Wu Pengbo

17 February to 21 March
Artist Wu Pengbo was travelling with his wife and found himself in the Huon Valley when Covid erupted. They initially planned to be here for 3 months but suddenly all their plans were on hold. The influence of this new country and landscape brought new flavours to Wu Pengbo's artwork and this exhibition traces his journey from China to the Huon valley.

Ongoing Activities

Tech Hour Digital Support for Seniors

Every Wednesday (except for school holidays) 10am to 1pm by appointment. Would you like to be more confident using a computer, smartphone, or tablet? Book in for a **FREE** 1-hour appointment and receive one-on-one coaching to build your basic digital skills!

Book your appointment now
hvc@huonvalley.tas.gov.au (03) 6264 0300

Cuppa Conversations Age Well project

Tuesday 10am to 12pm Cuppa Conversations provides an opportunity to make connections with other people in the valley. Come along for a cuppa, morning tea and chat. **FREE** event, no booking required.

Mah-jong Group

Every Monday 10.30am to 2pm.
New members welcome, no experience required. Tea, coffee, and biscuits provided. No need to book. Contact Council's Health and Wellbeing Officer on 6264 0300 or hvc@huonvalley.tas.gov.au for further information.

Friday Night Games

Friday 10 and 24 March - this event is an ongoing fortnightly activity 5pm to 8pm. Magic: The Gathering, Warhammer, Dungeons & Dragons, Board games. Bring your friends and family for an awesome evening of tabletop games. Drop in, no need to book. Seasoned and beginner gamers welcome. For ages 14+. If you have any questions, contact Council's Youth Development Officer on 6264 0300 or hvc@huonvalley.tas.gov.au

Creative Connection Age Well project

Every Thursday 1pm to 2.30pm
Be creative, have fun and meet new people! These weekly **FREE** art sessions will give you the opportunity to play with different techniques and materials, presented by community-based artist Sheree Martin. Afternoon tea supplied. To register your interest phone (03) 6264 0300, or just drop in on the day!

Yoga in a Chair with Claire

Thursdays 11:15am to 12:15pm
Ongoing school terms.
FREE for the month of February and March (normally \$5.00 per person). Chair yoga is a great way for older adults of all levels of ability to safely enjoy yoga and its wonderful health benefits. This gentle and fun session nourishes our physical needs whilst bringing wellbeing and awareness to our mind, emotions and spirit All welcome. To book, please call Huon Valley Council on 03 6264 0300. Presented by Huon Valley Council and Yoga with Claire.

Yoga with Alison Eastland

Mondays (except school holidays and public holidays) 6.30pm to 8.30pm.
Alison is a registered Level 3 (Senior) teacher with Yoga Australia with a special interest in how Yoga, meditation and mindfulness can support, comfort, nourish and inspire us in these challenging times. Contact Alison for further details and bookings: Email info@alisoneastland.com
Mobile 0400 288 545
www.alisoneastland.com

Huon Home School Youth Theatre Club

Wednesday 1 March 9.30am to 12pm and the first Wednesday of each month.
A theatre club for home educated kids in the Huon Valley. We do clean, classic improv and scene work, and put on one show a year. Suitable for ages 8 to 16. Contact Peirce + Christina Baehr at thebaehrs@me.com for more information.

Circular Economy Huon Meeting

Tuesday 14 March 6pm to 8pm and the second Tuesday of the month. For further details contact circulareconomyhuon@gmail.com

Catholic Care Tasmania

Tuesday by appointment
A representative from CatholicCare can be onsite to chat with community members and service providers about CatholicCare programs that are available to support their needs. This includes programs in counselling, housing and homelessness, family, children, emergency relief and multicultural services.

To arrange a time to meet contact Paul Taranto on 0428 751 366.

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Hobart Herbalists Without Borders

Friday 10 March 9.30am - 12.30pm and the second Friday of every month.

Hobart Herbalists Without Borders is a global non-profit network focussed on providing holistic healthcare to anyone in need. Book a free 30 minute consultation with a qualified Naturopath to discuss nutrition, healthy lifestyle and herbal medicine in relation to your health. Your naturopath may prescribe herbal or nutritional medicine at the end of your appointment, which is free of charge. To book an appointment or find out more information, email hobart.hwb@gmail.com or phone 0432 396 404.

Anglicare Financial Counselling

Thursday 16 March

10.30pm - 3.30pm Bookings essential.

If you have financial problems, please talk to us. We can explain options to find a way forward. This service is free, independent, and confidential. Our Financial Counsellor can provide information to help you: organise your budget; manage debt; reduce your power bills; understand bankruptcy and its alternatives; know your legal rights and responsibilities; get access to your superannuation; negotiate with creditors; contacts for other useful services. Call 1800 007 007 for further details.