

Huon Valley Hub

Events and Activities

May 2021



Circus Skills Workshop

Monday 3 May 4.30pm to 6pm

Come and learn trapeze, tight wire, human pyramids, juggling and more in a fun and safe environment. Free event. Ages 7 – 17. Email huondv@netspace.net.au for bookings and information. (Some sessions will be held at the Huonville Town Hall).

Building your Business Online

Tuesday 4 May 2021 9.30am to 11am

Building your business online with digital solutions. Call 6165 1551 or email rob@in-tellinc.com.au for further information.

Choice and Consequence

Tuesday 4 May 2021 6pm start

In this free Road Safety Week event for young drivers and parents, come and listen to Lisa Jones as she shares her lived experience of losing her son due to negligent driving. Huon Valley Council's Project Officer Mandi will also be giving some information about our Gearing Up learner driver program.

Trauma Awareness Workshop

Wednesday 5 May 1pm to 4pm

Further details to follow.

Feed Your Face 6 Week Class with Artist Robert Jackson

Every Monday from 10 May to 15 June (last class on Tuesday 15 June as Monday 14 June is a public holiday) 3.30pm to 5pm

Faces and hands are the most expressive parts of the human body. In this 6-week art course you will learn how to draw heads and hands, starting with stick figures and moving up to detailed sketches. One of the most important things that you use your head and hands for is eating. Come and have some fun as we create food-based, hand and head cartoons! Bookings required. RSVP 62640300 or hvc@huonvalley.tas.gov.au

Trauma Informed Communities of Practice TBC

Tuesday 11 to Thursday 13 May 2021 2pm to 4pm

1, 2, 3 for a Healthy Me

12 May 2021 10.30am to 11.15am

In this session we explore what it means to be healthy and what can get in the way of being healthy. Learn about the three different levels of cancer prevention and the three National Cancer Screening Programs. Bookings required. RSVP 62640300 or hvc@huonvalley.tas.gov.au

Arts Tasmania - Information session on upcoming grant round

Monday 17 May 6pm to 8pm.

Contact Council's Arts & Culture Office on 62640300 or hvc@huonvalley.tas.gov.au for bookings or further information.

Your Story Disability Legal Support

Wednesday 19 May 2021

Afternoon session 3.30pm to 4.30pm for community and service providers: What is the Disability Royal Commission? Terms of Reference; Advocacy, Legal and counselling; referral pathways Q&A.

Evening session 6pm to 7.30pm for people with disability and supports: What is the Disability Royal Commission; How can I share my story?; What supports are available?; Opportunity to meet privately with a lawyer; have your questions answered.

Volunteer Service Awards

Friday 21 May 6pm to 8pm

Contact Council's Community Engagement Officer on 62640300 or hvc@huonvalley.tas.gov.au for further information.

Huon Valley Service Provider Network meeting

Tuesday 25 May 2021 12.30pm to 2pm

Contact Council's Health and Community Connector on 62640300 or hvc@huonvalley.tas.gov.au for further information.

Ongoing Activities

Cuppa with a Councillor

Bring your questions and ideas to share and have a 'Cuppa with a Councillor

Join Acting Mayor Doyle

Wednesday 5 May 11am to 1pm

Join Cr Juarne Lovell

Friday 7 May 10am to 12pm

Join Cr Christine Campbell

Tuesday 11 May 1pm to 2.30pm

Eating with Friends

Thursday 13 May 11.30am to 2pm

Council's Eating with Friends program has a multicultural flair, with a focus on foods from around the world. It provides an opportunity for local people to get together, catch up with each other and meet new friends while learning how to make delicious new dishes. Contact Council's Health and Community Connector on 6264 0300 or email hvc@huonvalley.tas.gov.au for further information or bookings.

ARVOs – Free activities for young people and their families. (ARVOS not on during school holidays)

Every Friday from 3:30pm to 5:30pm

No need to book. All welcome! Parents are welcome to drop their children with our team and pick them up at the end.

There will be snacks, a FREE sausage sizzle, board games, music, Mario Kart and more!

The ARVOS Roving program is supported by Bendigo Bank Huon Valley Community Bank Branches.

This is a COVID-safe event. Please support us by maintaining physical distancing and good personal hygiene.

Mah-jong Group

Every Monday (except public holidays) 10am to 1pm.

New members welcome, no experience required. Tea, coffee, and biscuits provided. No need to book. Contact Council's Health and Wellbeing Officer on 62640300 or hvc@huonvalley.tas.gov.au for further information.

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Tech Hour

Digital support for Seniors

5 May to 30 June 2021, every Wednesday 10am to 1pm by appointment.

Would you like to be more confident using a computer, smartphone, or tablet? Book in for a FREE 1-hour appointment and receive one-on-one coaching to build your basic digital skills!

Book your appointment now
hvc@huonvalley.tas.gov.au (03) 6264 0300.

Cancer Council Support Group

Tuesday 18 May and every Third Tuesday of the month 10am-noon

Support and information for adults impacted by any type of cancer and living in the Huon Valley region. Partners, carers, and those bereaved by cancer are also welcome. Registration is essential. Contact Cancer Council for further details. Phone 1300 656 858

Catholic Care Tasmania

Every Tuesday
10am – noon

Rebecca from CatholicCare will be onsite to chat with community members and service providers about CatholicCare programs that are available to support their needs. This includes programs in counselling, housing and homelessness, family, children, emergency relief and multicultural services.

Anglicare - Financial Counselling

Thursday 20 May 2021 and every third Thursday of the month
10.30am-3.30pm

Take the first step. If you have financial problems, talk to us. We can explain your options so you can find a way forward. This service is free, independent, and confidential. A financial Counsellor can provide information to help you to: organise your budget; manage debt; reduce your power bills; understand bankruptcy and its alternatives; know your legal rights and responsibilities; get access to your superannuation; negotiate with creditors; contact other useful services. Call 1800 007 007 for further details.

Learn How Swap Bars with Taneall Oakford Access Bars Facilitator

Every Thursday night from 6pm-9pm

Access Bars is a set of 32 points on the head which, when lightly touched, stimulate positive change in the brain and defragment the electromagnetic components of stress, thoughts, and emotions. Contact Taneall for further details 0407 951 771 Access

Consciousness Bars Class Swaps

Sunday 2 May and Sunday 16 May 2021
9.30am-5.30pm

Access Bars is a set of 32 points on the head which, when lightly touched, stimulate positive change in the brain and defragment the electromagnetic components of stress, thoughts and emotions. Contact Taneall for further details 0407 951 771.

Art as Therapy 8 Week Class

Every Tuesday until 8 June 2021
1pm-2pm

Feeling sad or anxious? Overwhelmed? Having anger management issues? Ready for some fun? Keen to make new friends? 2021: Time to discover group art therapy. No skills required. Cost \$5 per week contact Glenda on 0447 090 440 or email cjstasse@yahoo.com.au

Anglicare Program Manager Children & Young Peoples

Friday 14 and 28 May and every second Friday of the month. 10am to 12pm

Onsite promotion and Group work delivery