



Weekly activities

Updated March 2021

In the centre

Yoga bookings are essential. Contact Angela on mobile 0400 258 053 or email: angelarockel@bigpond.com

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning			Yoga 9:00am	Table Tennis 10:00am	Yoga 9:00am
				Resistance Gym with Vic 10:00am	
Afternoon			Junior Concert Band 4:00pm		GKR Karate 4:00pm
Evening	Cygnets Singers 7:00pm	Yoga 6:00pm	Table Tennis 7:00pm	Yoga 6:00pm	

On the court

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Social Badminton 10:00am				
Afternoon	Junior Basketball 3:00pm		Junior Indoor Soccer 3:00pm		
	Junior Basketball 4:00pm		Roller Skating 4:00pm		
Evening	Open Basketball 6:00pm	Badminton 7:00pm	Roller Skating 5:00pm		
			Boot Camp 6:00pm		
			Women's Indoor Soccer 6:00pm		
			Open Indoor Soccer 7:00pm		

CYGNET SPORTS CENTRE



Badminton \$6.50
Competition badminton.

Boot Camp \$6.50
Burn fat, increase fitness and build strength.

Cygnnet Singers
ANCA-affiliated, no-auditioned SATB choir of about 50 voices. If you are interested in joining please visit cygnnetsingers.com.

GKR Karate
Karate for everyone. Fun, fitness with a purpose. Children, adult and family classes available. Bookings are essential on 0450 011 655 or email region18au@gkrkarate.com.

Junior Basketball \$5.00
After school during school terms. Learn the game rules, practice technique, fun drills/games and a full court game.

Junior Indoor Soccer \$5.00
After school during school terms. Focusing on skills, fun training and full court games.

Open Basketball \$6.50
Social games open to all ages and levels of ability. Teams arranged on the night, simply turn up!

Open Indoor Soccer \$6.50
Social games open to all ages and levels of ability. Teams arranged on the night, simply turn up!

Resistance Gym with Vic \$6.50
One hour session. Vic is a marine and medic with a wealth of knowledge and experience!

Roller Skating \$6.50
Fun for everyone.

Social Badminton \$6.50
Social games open to all ages and levels of ability.

Table Tennis \$6.50
Social games open to all ages and levels of ability.

Yoga \$20
Enhance your general wellbeing. Angela has been teaching yoga in Cygnnet for nearly 20 years. Bookings are essential on 0400 258 053 or email angelarockel@bigpond.com.

Women's Indoor Soccer \$6.50
Social games open to all ages and levels of ability. Teams arranged on the night, simply turn up!

Centre opening hours
Open from 3pm on school days
Closed during school holidays

Gym opening hours

Monday	10am–1pm 3pm–4:30pm 6pm–9pm
Tuesday	6pm–9pm
Wednesday	3pm–6pm
Thursday	9am–1pm
Friday	Closed
Saturday	Closed
Sunday	Closed

Cygnnet Sports Centre
19 Louisa Street, Cygnnet
Huon Valley, Tasmania

Phone: (03) 6264 0370
Email: cygnnetsports@huonvalley.tas.gov.au
www.huonvalley.tas.gov.au



Follow us!

The Cygnnet Sports Centre is proudly owned and operated by Huon Valley Council. If you would like information about other sporting facilities and activities in the Huon Valley please call Council on (03) 6264 0300.